ACTIVITY SUPPORT VOLUNTEER

Help bring our nature events to life – and gain skills along the way!



Join us as an Activity Support Volunteer and help out at seasonal events like Scythe Fest and community planting and celebration days, as well as sessions with our NatureLinks youth group for 16–25 year olds.

Whether you're up for shaping ideas and planning events, or just want to lend a hand on the day – there's a place for you here.

We'll provide training and guidance. You'll be supported by our friendly staff team and join a warm, welcoming group of fellow volunteers.



Depending on your interests and availability, you might:

- Support staff to run hands on nature sessions with the community including young people
- Help run stalls or activities at public events
- Welcome visitors, serve refreshments and steward events
- Set up and pack away event kit
- Get involved in creating activities, sourcing materials and contacting speakers
- Spread the word! Put up posters, share events online and in communities
- Offer feedback and ideas to help us improve

CONSERVATION VOLUNTEER

Protect local wildlife and restore precious habitats.

Love being outdoors, getting hands-on and making a real difference to your local environment?

Join our team of Conservation Volunteers and help care for rare chalk grassland, home to some of the UK's most threatened plants and insects.

We run regular conservation days at:
The Railway Land Nature Reserve, Lewes
The Cockshut Wetlands, Kingston
Landport Bottom, Lewes
Butts Brow, Eastbourne

All training, tools and guidance are provided. You'll work as part of a supportive group, with experienced staff on hand to lead the way.

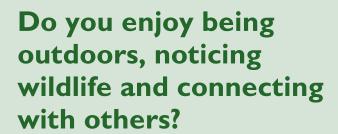


Tasks vary by site and season – you might:

- Tackle scrub and invasive species
- Build fences or steps, maintain paths, or repair access points
- Sow seeds, plant hedgerows or rake meadows
- Lend a hand with wildlife surveys or habitat monitoring
- Help keep the site clean and safe from litter picking to graffiti removal
- Create natural barriers and features to support biodiversity

NATURE WALK LEADER

Support others to slow down, connect with nature and explore the wild corners of Sussex.



As a Nature Walk Leader you can help guide gentle, welcoming walks through some of Sussex's most beautiful habitats — at The Railway Land in Lewes and Castle Hill Local Nature Reserve in Newhaven.

Our Nature Wanders are free walks that offer adults the chance to enjoy the benefits of being outside, meet new people and learn together about local wildlife and landscapes.

You don't need to be an expert – just someone who enjoys being in nature and helping others feel at ease. All training is provided, including basic walk leadership, safety and ecological awareness.



What you'll do:

- Help plan and guide walks in nature
- Welcome participants and create a relaxed, supportive atmosphere
- Share knowledge of local wildlife and habitats — or learn alongside the group
- Encourage curiosity, calm and community
- Work closely with another volunteer and our friendly team
- Be trained and supported throughout

WELLBEING SUPPORT VOLUNTEER

Support calm, welcoming outdoor sessions that help people connect with nature – and themselves.

Do you believe in the power of being outside, taking notice and feeling part of a group?

Join us as a Wellbeing Support Volunteer and help create a safe, supportive space for adults looking to boost their mental health through time in nature.

Our Wellbeing in Nature (WiN) sessions run on Wednesday and Friday mornings and offer gentle walks, nature-based activities and moments of shared reflection at the Railway Land.

No one's an expert – we learn together by slowing down, noticing and exploring nature side by side.

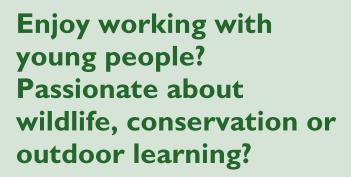


Depending on your interests, you might:

- Welcome participants and offer a listening ear
- Support the group during walks and activities
- Help make tea, set up and tidy away
- Check in with individuals and help them feel safe and included
- Lead a short activity if you have a skill or interest to share e.g. birds, wildflowers, mindfulness, creative activities
- Notice how the group is feeling and pass on any concerns to staff
- Join in when appropriate, but always keep your volunteer role in mind

EDUCATION VOLUNTEER

Inspire the next generation to explore, discover and connect with nature.



Join us as an Education Volunteer and help bring the Railway Land to life for visiting school groups.

We deliver hands-on, engaging sessions for primary and secondary students that spark curiosity and support curriculum learning.

With woodlands full of birdsong, water meadows brimming with invertebrates, and ponds with frogs, newts and dragonflies, there are so many opportunities to learn here!

No teaching experience needed – just enthusiasm and a love of the outdoors.



What you'll do:

- Welcome school groups to the Railway Land Nature Reserve
- Support staff to run a variety of planned outdoor activities
- With support, lead small groups of pupils through set tasks (like pond dipping, habitat surveys or map work)
- If confident, there's the option to lead fullgroup activities (full training provided)
- Help evaluate sessions and share feedback or ideas
- Occasionally attend training or input into session planning